

NO COFFEE MORNING OR GENERAL MEETINGS IN AUGUST

OPEN DAY

Free Entry - Free Tea & Coffee

Open to friends, family & the general public

Friday 9th August

2pm – 4pm

Waterlooville Community Centre

(WACA - in the ASDA Car Park)

See displays of some of our Interest Group activities :-

Art, Birdwatching, Bridge, Book groups, Card & Board Games, Current Affairs, Drawing, Geology, Genealogy, Line Dancing, Languages, Local History, Painting, Photography, Sewing & Knitting, Singing, Walking and many more

Sign up to join our various groups

SPEAKER'S CORNER - review of July's talk :

Speakers : John Powell & John Miller – Folk Music of Hampshire

John Connell and John Miller entertained an audience of 77 members with a mixture of information on some of the folk songs of Hampshire and 'a cappella' singing.

Having played together for almost 40 years the two Johns gave an accomplished and entertaining performance.

They referred to Cecil Sharp House – London home of the English Folk Dance & Song Society, the repository of an archive and library in London of English folk music and dance arts as well as a lively theatre venue for performances.

More information from their website at <https://www.efdss.org/> or their YouTube channel <https://www.youtube.com/channel/UCox2OJP6S2WPSSuW6P7DNdw>

Hilary Ryan, Speakers' Secretary

COMPUTER HELP



One of our members – Rich Edwards – has offered to help members with any queries or problems related to their computer/tablet/iPad. This is mostly in the form of advice given over the phone or by email. Many problems can be resolved by user intervention. Rich provides this advice free, however he does not offer home visits.

Rich can be contacted, initially, by email at it-advice@waterloovilleu3a.org.uk.

GROUP MATTERS

To join or leave a group, or for more information :

visit Barbara Legg (Group Liaison) at a general meeting or coffee morning or send an email to groups@waterloovilleu3a.org.uk

If a group is full, you can be placed on the waiting list; you will be offered a space when one becomes available and you are at the top of the list. Don't wait to go on a waiting list – popular groups usually have one and being on the waiting list increases your chances of being offered a space.

Have an idea for a new group? Groups don't magically appear – they are born when enough members express an interest in a particular activity and someone (or two) volunteers to act as Group Coordinator. There is a wealth of support for budding groups so get in touch with Barbara Legg and see what happens.

Already a Group Coordinator? THANK YOU! Please keep us up to date with any changes to your group's membership and provide feedback when members are referred to you, this ensures that advertised group vacancies and any waiting lists are as accurate as possible.

OUTINGS 5 WENT TO FAST

(FARNBOROUGH AIR SCIENCES TRUST)

We recently visited the FAST building at Farnborough where we were greeted with a coffee followed by a very interesting talk about the history of air travel and the involvement of Farnborough throughout the years. No other single location in the world has contributed so much to aeronautical science over the years.

We then had a tour of the site which included a replica of Samuel Cody's plane which was the first aircraft to make a powered, controlled flight in the UK on October 16th 1908, but eventually crashed and killed him. There are also other aircraft on display.

It is well worth a visit, free entry at weekends and bank holidays, but private tours can be arranged for a small fee.

For more information see their website <https://airsciences.org.uk/> and/or YouTube channel <https://www.youtube.com/channel/UC6QmDy76mJJbxKYBMK2wPgQ/videos>



Diane Forster, Group Coordinator

GROUPS WITH VACANCIES (as at 4th August, 2024)

Groups seeking members - register your interest by visiting Barbara Legg at the Groups table at any Coffee Morning or General Meeting or email groups@waterloovilleu3a.org.uk

Activity	When	Activity	When
Art Appreciation	2nd Friday	Line Dancing Improvers	Every Monday
Art History 2	1st Tuesday	Mah Jong 1	1st & 3rd Tuesday
Backgammon	1st & 3rd Monday	Mah Jong 2	2nd & 4th Tuesday
Badminton	1st & 3rd Wednesday	Pilates 4	Every Thursday
Birdwatchers	Last Saturday	Pub History	3rd Tuesday
Board Games 2	3rd Monday	Quizzers 2	2nd Wednesday
Bridge	Every Friday	Railways & Transport	3rd Monday
Country & Western music	4th Wednesday	Rummikub 2	2nd & 4th Wednesday
Craft	1st Wednesday	Science	4th Thursday
Cribbage	2nd & 4th Tuesday	Scrabble	1st & 3rd Thursday
Dining Out	2nd Thursday/4th Sunday	Singing For Pleasure	1st & 3rd Wednesday
Drawing 2	1st & 3rd Tuesday	Table Tennis (beginners)	3rd Friday
French Beginners	4th Friday	Tai Chi 1 Improvers	Every Friday
French Conversation 2	1st & 3rd Wednesday	Ukulele	Every Thursday
French Refreshers	4th Monday	Walking 3 - Strollers	Alternate Friday
Genealogy	1st Thursday	Wine Appreciation 2	3rd Monday
German Conversation	1st Tuesday		

FUTURE DATES FOR YOUR DIARY

Our annual Open Day Friday, 9th August – Waterlooville Community Centre
 The ever popular Barn Dance Friday 18th October - Cowplain Social Club
 Members' Christmas Dinner Thursday 19th December – Waterlooville Golf Club
 (full details nearer the time)

NATIONAL U3A ONLINE EVENTS

Throughout every month, national u3a offer many online talks and workshops on a wide variety of topics to keep our minds and bodies going.

The current offerings include :

Laughter Yoga with Judith	14 th August
From Monet to Modern – exploring 'The Water Lily Pond' 1899 and beyond	15 th August
Laughter Yoga with Merrie Maggie	27 th August
Artist Bet Low – city streets, Scottish islands & silhouetted hills	13 th September
Artificial Intelligence news – Professor David Westhead	23 rd September

Click the link below to see what's currently available, then click on the event of your choice for full details and how to book: <https://www.u3a.org.uk/events/educational-events>

TIME TO BOOK YOUR SPACE FOR THE BARN DANCE!

Friday 18th October 7-10 pm at

COWPAIN SOCIAL CLUB, 54 LONDON ROAD, WATERLOOVILLE, PO8 8EN



There will be live music and a finger buffet (please specify any dietary needs on booking)

Cost is £12 for Wu3a members and £15 for guests (non-members).

As this is a social club, pre-booking and payment is essential.

There is a large car park at the rear of the building.

To book a place, please e-mail me at treasurer@waterloovilleu3a.org.uk.

I need to know the number of spaces you wish to book, the names of all attendees and whether or not they are a member of Waterlooville u3a. Please confirm your intended method of payment.

Payment can be made by bank transfer, or by cash or cheque at coffee mornings or general meetings. **The final payment date is 10th October 2024.**

Cheques payable to "Waterlooville u3a" can also be sent by post to me at the address below, but please also advise full details of spaces required, names, etc. per above :

A.F. PAUL, 10, Burrill Avenue, Drayton, Portsmouth, PO6 2JW

Bank transfer (**NOTE** – this is a different account to the one you pay your membership fees and group monies into, so please check that you have quoted the right account number and reference) :

Account : **Waterlooville u3a**

Sort code : **55-70-34**

Account no. : **80851177**

Reference : your membership number, your surname, BarnD

Please specify any particular dietary needs.

Looking forward to a great night.



Tony Paul, Treasurer

Prefer not to receive member bulletins?

We issue regular bulletins to our members to inform them of meetings, social events, group activities, membership information, etc.

IF YOU DO NOT WISH TO RECEIVE THIS BULLETIN, please let us know so that we can remove your details from the distribution. A confirmation email will be sent to you but you can change your mind at any time and request your details to be added back on to the distribution list.

Members also receive the "Third Age Matters" magazine issued several times a year by the Third Age Trust.

To unsubscribe from either of these, contact our Membership Secretary at members@waterloovilleu3a.org.uk or call 07769 266879.

2024 SOUTH DOWNS NATIONAL PARK PHOTOGRAPHIC COMPETITION

Not only have the centuries of human habitation shaped the National Park, but the landscape has, and still does, dictate where people have chosen to live and work the land. This is a landscape rich in folklore and legend that has inspired generations of writers, artists and storytellers who have flocked to witness the beauty of the rolling chalk downland and the wooded heaths of the National Park.

It has been a place of worship for centuries, nurturing a spiritual and emotional connection on those who spend time there.

From Neolithic peoples, through to Roman occupation and beyond, it is a landscape steeped in the history of peoples who have called Britain their home.



The ancient oaks of Kingsley Vale are some of the oldest trees in Britain

The National Park's ever-popular photo competition for 2024 has the theme of "Stunning Seasons of the South Downs". Entrants are asked to submit images that capture the true essence of the seasons in the National Park with a winner for each season.

There is also a "Towns and Villages" sub-category.

Judges will be looking for

an amazing image showcasing one of the National Park's many towns, villages and hamlets, such as images of high streets, village squares, public parks, churches, historic buildings or community event such as summer fetes.



*Bilsen Hill, one of the best examples of chalk downland in the National Park
© Daniel Greenwood*



Landscape at Cheesefoot Head, a beauty spot and natural amphitheater in the South Downs National Park

The competition also

features a non-themed wildlife category for an incredible shot of one, or many, of the beautiful creatures inhabiting the South Downs.

Entrants can submit up to eight images in total across all of the different categories and **entries close on the 31st**

October, 2024.

For more information and links to submit your entries, please go to :

<https://www.southdowns.gov.uk/care-for/photo-comp/>

NO LONGER WITH US

Sadly we have been advised of the deaths of two of our members – our condolences have been passed on to their families.

Lesley Brown

Lesley only joined us in March and was not a member of any groups.

Margaret Lockyer

Margaret joined us around 2015 and latterly was a member and supporter of the Carry on French group; in earlier years she and her husband, David ran one of our Birdwatching groups.

Kevin Stock, Membership Secretary

AUGUST SNIPPETS

(From "*The Almanac*" by Lia Leendertz and "*Project Britain*" by Mandy Barrow)

- 2nd August The first roller skating rink opened in the UK in 1875
- 3rd August Columbus set sail on his first voyage in 1492, making his way to the Canary Islands
- 8th August 1963 – the Great Train Robbery
- 12th August The first Model T Ford, known as the Tin Lizzie, was the first mass-produced car and went on sale in 1908
The first communications satellite, Echo 1, was launched in 1960 from Cape Canaveral in Florida.
The start of the Grouse season in Britain, known as the "*Glorious 12th*"
- 15th August Formation of the first regular police detective force in Britain in 1872
Corporal punishment in schools was officially banned in Britain in 1987 – except in independent schools in the private sector
- 22nd August International Red Cross was founded in Geneva
- 25th August The first international air service began in 1919 with daily flights between London and Paris

Gardening by the moon :



4th-12th August (new moon to first quarter)

The waxing moon is associated with rising vitality and upward growth. Towards the end of this phase plant and sow anything that develops crops above ground. Prepare for growth.

12th – 19th August (until 11:17) (first quarter to full moon)

This is the best time for sowing crops that develop above ground – but is bad for root crops. Pot up or plant out seedlings and young plants. Take cuttings and make grafts but avoid all other pruning. Fertilise.

20th – 25th August (full moon to last quarter)

A "drawing down" energy. This phase is a good time for sowing and planting any crops that develop below ground – root crops, bulbs and perennials.

26th August – 2nd September (last quarter to new moon)

A dormant period with low sap and poor growth. Do not sow or plant. A good time though for pruning while sap is slowed. Weeding now will check growth well. Harvest any crops for storage. Fertilise the soil.

And for those who are musically inclined – an August folk song – **Garden Hymn**

Traditional, arr. Richard Barnard

The Lord in-to... His gar-den come, the spi-ces yield their rich per- fumes.
spi-ces yield their rich per- fumes, the lil - ies grow and thrive;
fre-shing show-ers of grace di- vine, from Je - sus flows to e - very vine.
Je - sus flows to e - very vine, which make the dead re - vive.

This is an old American hymn in the Sacred Harp choral-singing tradition which originated in New England and was perpetuated in the American South. Sacred Harp songs are always sung unaccompanied, with four singers each taking a turn in leading. "*Garden Hymn*" is thought to have found its way to the British Isles via a visiting preacher around 1804.

HAMPSHIRE CULTURAL TRUST

Things to do and places to see throughout Hampshire.

For more information and to book, visit
<https://www.hampshireculture.org.uk/events>



Hampshire Cultural Trust was established as an independent charity in 2014 to promote Hampshire as a county, offering outstanding cultural experiences to both residents and visitors.

They manage and support visitor attractions, museums, art galleries and arts centres across Hampshire. They run a huge variety of workshops, classes, events and projects for both young and old and they care for around 2.5 million objects that relate to Hampshire's rich and important cultural heritage.

Below are some of the exhibitions, events and workshops for the coming few weeks :

Sports Through the Ages

Museum of the Iron Age, Church Close, Andover; Wednesdays to Sundays throughout the Hampshire school holidays

Oil Pastels – so much more than a crayon

The Arc, Jewry Street, Winchester; now until 14th August, 2024

Thornycroft Road Run and display

Milestones Museum, Churchill Way West, Basingstoke; 18th August, 2024

Outdoor Hatha Yoga

Forest Arts Centre, Old Milton Road, New Milton; now until 21st August, 2024

Meet the birds at Basing House

Basing House, Barton's Lane, Basingstoke; Wednesdays until 28th August, 2024

Tudor time tunnels

Basing House, Barton's Lane, Basingstoke; Wednesdays until 28th August, 2024

Becoming Roman – Silchester, a Town of Change

Red House Museum, Quay Road, Christchurch; now until 1st September, 2024

Andover Artists summer exhibition

Andover Museum, Church Close, Andover; now until 1st September, 2024

Field to fork

Milestones Museum, Churchill Way West, Basingstoke; now until 1st September, 2024

Open Art Exhibition 2024

Allen Gallery, Church Street, Alton; now until 8th September, 2024

Rising Splendour – Fred Appleyard

The Gallery, The Arc, Jewry Street, Winchester; now until 18th September, 2024

Explore Rockbourne with a Roman

Rockbourne Roman Villa, Rockbourne, Fordingbridge; now until 29th September, 2024

History Saves the World!

Gosport Museum and Art Gallery, Walpole Road, Gosport; now until 5th October, 2024

Printmaking for beginners

Red House Museum, Quay Road, Christchurch; Sundays until 10th November, 2024

Celebrating 40 years of Aldershot Military Museum

Aldershot Military Museum, Queens Avenue, Aldershot; now until 1st December, 2024

CRIME PREVENTION ADVICE – HAMPSHIRE & IOW CONSTABULARY

Hampshire & Isle of Wight Constabulary have a wealth of handy information and advice regarding crime prevention; visit their website to find out more :

<https://www.hampshire.police.uk/cp/crime-prevention/>

Some of the areas covered include :

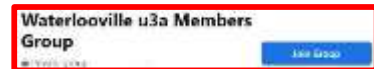
- Window security – control access with windows that protect your home
- How safe is your flat? Make your flat as burglar-proof as possible
- Keep burglars out of your property – give burglars nowhere to hide and prevent distraction burglary
- Keeping your shed or garage safe and secure – don't make it easy for burglars to find the tools of their trade
- Protect your property against vandalism – steps you can take to safeguard a property from vandalism
- Protect your phone – how to make sure your mobile stays yours
- Protect yourself from ATM theft – how to stay safe when withdrawing cash
- Preventing car and vehicle theft – how to help safeguard your car from theft and protect its content
- Preventing theft from a vehicle – keeping your car and the personal belongings inside, safe
- Advice on how to keep your motorcycle, moped or scooter safe



WU3A FACEBOOK GROUP

We have a private Facebook group that is open to any WaterlooVille u3a member. To join, login to Facebook and search for 'Waterlooville u3a Members Group' and request to join. Or click this link

<https://www.facebook.com/groups/WaterloovilleU3A/permalink/5260385320729203/>



COFFEE MORNINGS 10:00 am – 11:30 am :

Sacred Heart Church, 356 London Road, Waterlooville, PO7 7SR

NO COFFEE MORNING IN AUGUST



Monday 9th September

All members, particularly new ones, are very welcome. Find out about our interest groups and social events. Bring along your friends. Have a cuppa and chat, make new friends.

SEPTEMBER GENERAL MEETINGS 2:00 pm – 4:00 pm :

Wednesday 18th September

Cosham Baptist Church, Havant Road, Cosham, PO6 2QZ

Wednesday 25th September

Sacred Heart Church, 356 London Road, Waterlooville, PO7 7SR

Speaker : Graham Short – My life as a micro-artist